

Club Descriptions

PK2

Gardening, “Let It Grow”: With Ms. Jessica F., the children will engage with nature and the plant life cycle. The children will develop new skills and learn about growing their own food. Our gardening club provides a way for the children to collaborate, learn about plants and growing techniques and even share resources.

Blooming Artists: The children will have an opportunity to use a variety of materials, explore colors and textures as they work on fine motor skills and create fun projects. Join Ms. Gaby & Ms. Karina for an amazing experience!

Bodies in Motion (SPORTS): In this class, facilitated by Ms. Jessica & Ms. Willy, the children will combine games, drills & exercises to strengthen skills in specific sports. Children will gain self-confidence, build self-esteem, improve flexibility & balance and work on the development of overall motor skills & eye-hand coordination.

Little Ballerinas: This club with Ms. Belinda, is a fun forum to learn dance. Each week, children will be taken through warmups, progression, and choreography with a focus on building confidence with hands-on technique and artistry.

Tiny Spoons Cooking: Ms. Jessica M. and Ms. Willy will guide the children in hands-on cooking experience using their 5 senses while tasting new foods in a developmentally appropriate setting. YUMMY!

Music & Movements: Music and Movement is a joyful way for children to explore movement through music and dance. Your child will work on developing physical skills, channel energy, stimulate imagination, and creativity. Using creative movement, children can simultaneously develop motor skills, rhythmic awareness, coordination, and balance in a safe environment. We will use music in Hebrew, English and Spanish and incorporate roll play games using elements like scarves, puppets, rings, instruments, balls, ribbons, parachutes, bubbles and much more.

Yoga Sprouts & Music: Come join us for a fun and exciting yoga class designed just for kids! In addition to yoga poses, we will also practice breathing exercises and mindfulness techniques that can help children feel more relaxed and focused. Our yoga class for kids is a great way for children to learn how to connect with their bodies and minds in a positive and healthy way. They will also benefit from improved flexibility, strength, and balance.

Books & Props Adventures PK2 with Ms. Marihen: Dive into the world of interactive storytelling with this new PK2 club. This club will turn reading into an engaging experience that sparks imagination and fosters a love of literature. Join us in our reading adventures!

PK3 & Jr. K

“Art”rageous Hands: Get creative with Ms. Gaby & Ms. Karina in Art Club! Your artist will explore different media and learn various art techniques, fostering the children’s creativity.

Ballet: Children will be taken through warmups, progression, and choreography with a focus on building confidence with technique and artistry. We are very excited to have Ms. Belinda back with us!

FBS Soccer: This club, guided by professional coaches, passionately teaches the children the skills of soccer including passing, dribbling, controlling, and shooting the ball.

Gymnastics: The main benefits offered by artistic gymnastics are to develop self-confidence, allow self-realization, correct body posture, and develop a sense of rhythm. The children will work on their flexibility and balance, using the correct guidance and equipment.

Little Engineers: With a growing economy that has a higher demand for STEM fields, it's important that the next generation learns how they can make a difference in their world. In these classes, Ms. Marcela will help to establish technology, engineering, and math concepts. They will also work to build on the children's team-building skills as they work to complete fun challenges. By putting the Engineering Design process to work the children will plan, build, test, and modify their own creations firsthand. Our goal is to expand the social skills, confidence, knowledge, critical thinking, and problem-solving skills of the next generation.

Cooking, "Stir-Whisk-Bake": Children will participate in hands-on cooking experiences using their 5 senses and math skills while tasting new foods. YUMMY!

ABC's of Science: See, hear, touch, explore and think like a scientist with Ms. Marcela! Experience things about the world around us through hands-on critical thinking and logic games.

Learning Lab PK3: Our classes are especially designed for curious 3-years-olds, offering engaging activities like counting games, storytelling, letter recognition, and beginner writing skills. These experiences help children build their vocabulary, strengthen language confidence, and begin to understand early math and literacy concepts. Through playful yet structured learning, children develop a strong foundation for number sense, basic math skills, and early reading and pre-writing.

Krav Maga: Sensei J. Academy is a martial arts school, where they teach 8 different disciplines. This program is designed to develop the character of children based on life skills such as courage, discipline, respect, determination, confidence, teamwork, balance, anger management, fitness, self-esteem, honesty & anti bullying techniques.

Sports: This club will introduce the children to different sports. The fundamental purpose is for the children to play, have fun, and adopt sports as an integral part of their being.

Rikudim, Israeli Dance: Ms. Yael, a seasoned Israeli dance teacher is bringing a club that is designed to combine ethnic movements, Israeli music, community and joyful in lifestyle for children. These fitness classes are high-energy dance parties packed with specially choreographed routines.

Soccer with Coach Nano: This club, guided by professional coaches, passionately teaches the children the skills of soccer including passing, dribbling, controlling, and shooting the ball.

Little Aces Tennis: We offer fun and stimulating games to teach kids how to play tennis. They will learn to coordinate their movements and hit the ball with the help of a professional coach. We have rackets and balls suitable for their height, and many exercises to enjoy outdoors.

Science: The children will play and learn whether they are looking at leaves in the field or mixing paint. Each experiment is labeled with the skills being taught, including observation, biology, physics and more, with Ms. Marcela.

Nexplore Robocoding JrK: Coding without a computer? It's the best way to start! This program gives children a hands-on introduction to the fundamentals of both coding and robotics, allowing them to build and execute programs in the real world! With award-winning Cubelets kits, students combine robotic cubes—each with their own unique function—to create machines that can light up, move, and interact with the world around them. Children gain an in-depth understanding of fundamental concepts like inputs, outputs, and processing, and discover how simple building-blocks can come together to perform more and more complex tasks. By working together to solve coding and building challenges, children also reinforce essential life skills like teamwork, communication, and problem-solving.

Ready, Set, Kindergarten This enrichment club is designed especially for Jr K children to scaffold upon their existing skills and develop the tools for kindergarten success. Through a variety of reading and math activities, the children will utilize critical thinking, problem solving and creativity to extend their classroom learning.

Dance Sparks Jr.K with Coach Sol, is an energetic and fun filled after school program designed and focused on active and choreographed dances, encouraging children express themselves through movement and rhythm. With engaging routines and lively music, we aim to boost physical fitness, coordination, and creativity. Join us for a vibrant experience where young dancers can shine and groove until their hearts' content!

Basketball Jr.K with Coach Nano, our club introduces young children to the basics of basketball through fun drills, games, and teamwork activities. We focus on developing coordinating, motor skills, and a love for the sport in a supportive and energetic environment. Join us for a slam-dunk experience where little athletes can learn, play, and grow.

Classes need to meet the minimum number of students required. **The club's payments are non-refundable**, except for the cancellation of the program by the Suzy Fischer Early Childhood Academy. There will be no makeup classes or refunds for missed classes. **Registration is first come, first served.** Full payment is required to reserve your child's spot. After week one, we will not be able to accommodate changes or late additions to any club. **NO EXCEPTIONS**